

Test Code	Year	Form
7090	23	3
Last Revision Date: 05/02/2023		

**ACP Blueprint  
HS Health Education  
Semester 1, 2023–2024**

SE Descriptions	TEKS/SE	No. of Items	% of Test
<b>1. Physical Health and Hygiene.</b> Analyze health information based on health-related standards.	1A	1	2%
<b>2. Physical Health and Hygiene.</b> Develop and analyze strategies to prevent communicable and non-communicable diseases.	1B	2	3%
<b>3. Physical Health and Hygiene.</b> Discuss the importance of early detection and warning signs that prompt individuals of all ages to seek health care.	1C	2	3%
<b>4. Mental Health and Wellness.</b> Discuss and demonstrate perspective-taking and ways to show respect for others' feelings and express empathy toward others.	2A	2	3%
<b>5. Mental Health and Wellness.</b> Analyze forms of communication such as passive, aggressive, or assertive and their impact on conflict resolution.	2B	2	3%
<b>6. Mental Health and Wellness.</b> Explain and demonstrate decision-making skills based on health information.	3*	1	2%
<b>7. Mental Health and Wellness.</b> Analyze how adverse childhood experiences such as abuse, neglect, and trauma can influence brain development and how to recognize, process, and overcome negative events for overall mental health and wellness.	4*	2	3%
<b>8. Mental Health and Wellness.</b> Discuss the suicide risk and suicide protective factors identified by the Centers for Disease Control and Prevention (CDC) and the importance of telling a parent or another trusted adult if one observes the warning signs in self or others.	5A	3	5%
<b>9. Mental Health and Wellness.</b> Discuss how the use of suicide prevention resources such as the National Suicide Prevention Hotline reduces the likelihood of suicide.	5B	1	2%
<b>10. Healthy Eating and Physical Activity.</b> Evaluate food labels and menus to determine the nutritional content and value of foods and make healthy decisions about daily caloric intake.	6A	3	5%
<b>11. Healthy Eating and Physical Activity.</b> Compare and contrast the impact of healthy and unhealthy dietary practices.	6B	2	3%
<b>12. Healthy Eating and Physical Activity.</b> Describe how a personal dietary plan affects overall health and how a plan might differ over the lifespan.	6C	2	3%
<b>13. Healthy Eating and Physical Activity.</b> Analyze the relationships between nutrition, physical activity, and quality of life as they relate to mental, physical, and social health benefits.	7A	2	3%

SE Descriptions	TEKS/SE	No. of Items	% of Test
<b>14. Healthy Eating and Physical Activity.</b> Analyze the relationships between body composition, diet, and physical activity, including how to balance caloric intake and physical activity.	7B	3	5%
<b>15. Healthy Eating and Physical Activity.</b> Evaluate the nutritional differences between preparing and serving fresh or minimally processed food versus serving commercially prepared or highly processed foods.	8A	2	3%
<b>16. Healthy Eating and Physical Activity.</b> Evaluate the connection between physical activity and dietary choices as they relate to the prevention of chronic conditions.	8B	2	3%
<b>17. Injury and Violence Prevention and Safety.</b> Demonstrate basic first-aid procedures, including how to perform cardiopulmonary resuscitation (CPR) and choking rescue and <del>how to use an automated external defibrillator (AED).</del>	9* CPR <sup>1</sup>	2	3%
<b>18. Injury and Violence Prevention and Safety.</b> Formulate strategies for avoiding violence, gangs, weapons, and human trafficking.	10A	3	5%
<b>19. Injury and Violence Prevention and Safety.</b> Develop strategies to resist inappropriate digital and online communication such as social media posts, sending and receiving photos, sexting, and pornography.	11A	2	3%
<b>20. Injury and Violence Prevention and Safety.</b> Identify appropriate responses to situations in which digital and online safety are at risk, including identity protection and recognition of predators.	11B	2	3%
<b>21. Injury and Violence Prevention and Safety.</b> Create a personal action plan, including identifying areas of support, for use when encountering bullying, cyberbullying, or harassment.	12B	2	3%
<b>22. Injury and Violence Prevention and Safety.</b> Describe the ramifications of bullying behavior.	12C	1	2%
<b>23. Alcohol, Tobacco, and Other Drugs.</b> Examine examples of drug labels to determine the drug category and intended use.	13A	2	3%
<b>24. Alcohol, Tobacco, and Other Drugs.</b> Identify and describe the importance of the safe storage and proper disposal of prescription and over-the-counter drugs.	13B	2	3%
<b>25. Alcohol, Tobacco, and Other Drugs.</b> Develop strategies for preventing the misuse of prescription and over-the-counter drugs, including recognizing the negative effects of combining drugs.	13C	2	3%
<b>26. Alcohol, Tobacco, and Other Drugs.</b> Describe the interrelatedness of alcohol and other drugs to health problems.	14*	1	2%
<b>27. Alcohol, Tobacco, and Other Drugs.</b> Investigate and identify treatment options for substance abuse and addiction and misuse, including prescription drugs.	15A	2	3%
<b>28. Alcohol, Tobacco, and Other Drugs.</b> Explain how to report suspected abuse of drugs to a parent, school administrator, teacher, or another trusted adult.	15B	1	2%

SE Descriptions			TEKS/SE	No. of Items	% of Test
<b>29. Alcohol, Tobacco, and Other Drugs.</b> Discuss ways to participate in school-related efforts to address health-risk behaviors.			16C	2	3%
<b>30. Alcohol, Tobacco, and Other Drugs.</b> Analyze the relationship between the use of refusal skills and the avoidance of alcohol, tobacco, and other drugs.			17A	2	3%
<b>31. Alcohol, Tobacco, and Other Drugs.</b> Analyze the role that alcohol and other drugs play in unsafe situations, including sexual abuse and assault.			17B	2	3%
<b>Item Types by Point</b>	1-point items (MC & TE Items)	55	<b>Total</b>	60	100%
	2-point items (TE Items only)	5			
	<b>Total</b>	65			

**Note:** \*SE is part of the TEKS strand. <sup>1</sup>~~Hands-Only CPR Resources.~~ Strikethrough text indicates specified content not measured for this assessment. ACPs are administered online, with DAN.

### DAN/STAAR Tech-Enhanced (TE) Items Comparison

DAN TE Item Type	Definition	STAAR TE Item Type
Multiple Choice (MC)	Requires students to select one correct answer from several answer choices.	Multiple Choice
Multipart (MP)	Requires students to answer a two-part question in which Part B provides text evidence for the answer in Part A. Part A and B can be a combination of Multiple Choice and Multiple Response items.	Multipart
Multiple Response (MR)	Requires students to select two or more correct answers from several answer choices.	Multiselect

\*This test will include only a selection of the tech-enhanced item types listed.